Fin way to get Sports are VIN and in SRU think the dont **IQUK** OV achivity a little enyah. With whil great way be a SPAAS COY nealthy. stay ano Sports ave a very fun way to get active stay in shape. Some people and don't participate in because they either lack SPONTS interest will be good think don't they rnough. Certain people to stay inside and may prefer read book or watch TV instead OF getting to play: Practicing outside SOM is like hiking CY 9 long trail UD mountain. The is difficult and tiring, but way UP when you get to the top it is all worth t, with a little plactice, sports be great way can to hove Fun and stay

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